

# CURRICULUM VITAE



**CONTACT ADDRESS:** C/O Department of Health Promotion and Sport Science  
Masinde Muliro University of Science & Technology  
Box 190-Kakamega  
E-Mail ID: [wisiuba@gmail.com](mailto:wisiuba@gmail.com); [pbukhala@mmust.ac.ke](mailto:pbukhala@mmust.ac.ke)

**LANGUAGE SPOKEN:** English, Swahili, & Luhya

---

## 2. Personal Statement / Research Interests

Am an accomplished academic and seasoned leader with a strong record of excellence in teaching, research, and institutional development. With almost 40 years of extensive experience in teaching at higher education institutions and a passion for empowering students and colleagues alike, I bring a strategic mindset and a collaborative approach to every role I have undertaken. I have contributed significantly to curriculum development, academic policy, and interdisciplinary research, while also playing a key role in mentoring emerging scholars and professionals. I have been at the forefront in driving innovation, fostering inclusive learning environments, and shaping educational systems that respond to the needs of modern society. I have always been eager to embrace new challenges, seeking opportunities globally that align with my vision for impactful scholarship, community engagement, and transformative leadership.

## 3. Education

1. PhD: Disability Sports Studies - **Kenyatta University 2012**
2. Eunice Kennedy Shriver Fellowship - **Special Olympics International Washington DC 2009**

3. M.A Programme planning in Adapted Physical Activities - **McGill University - Canada 1990**
  4. Bachelor of Education Hons: **Nairobi University 1983**
  5. EAACE - **Cardinal Otunga High school 1977-1978** (obtained 3P 1 Sub.)
  6. EACE - **Kakamega High School 1973-1976** (obtained Div 1)
  7. CPE - **Musingu Primary School 1965-1972** (30/36 Points)
- 

#### 4. Employment Status

##### Teaching Positions

March 2020 – to date 2025	Associate Professor, Department of Health Promotion and Sports Science - Masinde Muliro University of Science and Technology
2018 – 2021	Visiting Professor- International Masters in Adapted Physical Activity (IMAPA) programme, Katholieke University, Leuven, Belgium
Oct.2012-2020	Senior Lecturer, Department of Health Promotion and Sports Science - Masinde Muliro University of Science and Technology
1996 – 2012:	Lecturer, Department of Physical and Health Education, Kenyatta University
1990 – 1996:	Lecturer, Department of Education Psychology - Egerton University
1986- 1990	Assistant Lecturer Department of Education Psychology Egerton University
1985 – 1986	Lecturer – Physical Education Kenya Science Teachers College
1983-1985	Graduate teacher – Oloitokitok Secondary School Instructor Outward Bound Mountain School (Secondment)

<b>Administrative Appointment</b>	
1Feb.2025-to date 2025	Appointed Ag. Deputy Vice Chancellor (Planning, Research and Innovation) Masinde Muliro University of Science & Technology
2025	Appointed by MOE to chair the Board of Management of Kakamega School
Nov 2024	Appointed Chair to the Awards and Prizes subcommittee of the graduation steering committee
Oct. 2024 to date	Appointed Chairman to the steering Committee for the establishment of the proposed Eregi University College
Aug-2023-2025	Appointed Director Privately Sponsored Students Programme MMUST with additional responsibilities to set up the Institutional Advancement Office

Mar-2022 -to date	Appointed the patron of the Association of students with special needs in MMUST
21 October 2021 (1 day)	Appointed to act as DVC (A&F) and DVC (PR&I)
July 2020- July 2023	Appointed the Director, Research and Postgraduate Support –Masinde Muliro University of Science and Technology
Dec. 2017-2020	Appointed Chair of Department, Health Promotion and Sports Science – MMUST
March 2015 – April 2016	Ag. Registrar Administration, Masinde Muliro University of Science & Technology

<b>Other appointments</b>	
July 2025	Appointed member of the Technical working committee for the sustainable aviation fuel production and business implementation project
22 <sup>nd</sup> May 2025	Appointed member of the Corruption Prevention committee -MMUST
20 <sup>th</sup> May 2025	Appointed to Chair the Joint organizing committee of Tovutisha project (A joint project of MMUST- Konza Technopolis)
March 2025	Appointed to chair the MMUST 2023-2027 Strategic Plan implementation committee
2024	Elected as the MMUST Staff Retirement Benefit fund
25 <sup>th</sup> September 2024	Appointed as a member of the Board of Postgraduate Studies (BPGS)
Nov 2024	Appointed to Chair the Awards and Prizes subcommittee of the Graduation Steering Committee
6 <sup>th</sup> May 2024	Appointment as a member of the joint implementation committee for Butula Campus
2024	Appointed to chair the steering committee writing The History of Masinde Muliro University of Science and Technology from inception to 2024
May-2023	Appointed to the regular institutional quality audit committee
Apr-2023	Appointed as a member of the ADHOC committee on the establishment of the Institutional advancement office <ul style="list-style-type: none"> <li>• Developed the Institutional and Advancement office policy</li> </ul>
Feb-2023	Appointed as a member of the Scientific and program sub- committee for the 7 <sup>th</sup> ACDE Conference
Nov.2022	Appointed as vice chair of the African Council for Distance Education conference Local organizing committee
2022-2024	Appointed to the Fitness Advisory Committee – Special Olympics International USA
Oct-2022	Appointed as a member of the ADHOC committee negotiating with Midlands properties investment
Mar-2022	Appointed a member of the Library, ICT committee

Mar-2022	Appointed a member of the Implementation committee to facilitate the MMUST/Kakamega Sports Club MOU
Aug-2021	Appointed Chairman of the ADHOC Evaluation committee for the proposed Engineering & TVET complex and associated works
June 29, 2021-to date	African Representative to the International Federation of Adapted Physical Activities (IFAPA) Board of Directors
Jan. 2020 to date	Member of the Inter-University Council for East Africa working team for development of Benchmarks for Sports Education in the East African Universities.
Dec. 2019	Chair: Communication, Marketing and Resource mobilization
2019	Appointed member of the MMUST Building Bridges Initiative
2018 to date	Appointed by Governor of County Government of Kakamega - Chairman, Youth Sports Empowerment Fund
2018 to date	Appointed Vice –Chairman Sports Medicine Society of Kenya (MSK)
Dec. 2017-2020	Chair: Communication, marketing and Resource mobilization Committee MMUST International Research Conferences.
Feb. 2017	Chair: Postgraduate committee- School of Public Health, Biomedical Sciences and Technology
Jan. 2017 –to date	Reviewer: Grant proposal reviewer, Kenyatta University.
Dec. 2015 to date	Member of MMUST Technical & Vocational Education Training Board
Oct. 2015	Team leader of the MMUST Task Force on Job analysis and Evaluation
July 2015 to date	Member, National Cohesion and National Values mainstreaming Committee at MMUST
2014- To date:	Team Leader, Department of Health Promotion & Sports Science MMUST
2014	Coordinator Committee on Research in the School of Public Health Biomedical Sciences & Technology
2013	Appointed to coordinate the School of Health Sciences Committee on Research
2010-2015:	Member of the Global strategic planning committee –Special Olympics International: Chaired the subcommittee on Sustainable Capabilities on Culture and Values and coordinated the discussion group for the subcommittee in Marrakech-Morocco during the Special Olympics Global congress
2010-2014	Member of the Sports Science Committee of the International Paralympic Committee representing Africa region

<b>Community engagements</b>	
June 2025	Appointed to serve as Chairman of the BOM of Kakamega High School 2025-2028
2019-2022	Appointed by Governor County Government of Kakamega as Chair Youth Empowerment Committee to steer the development youth talent development
April 2018-to 2020	Elected by members as Vice Chairman- Kakamega Sports Club
7 <sup>th</sup> August 2017-2021	Coopted as a member of the Management committee – Kakamega Sports Club
2014 – To date:	Appointed Chairman, Ikolomani Constituency Development Fund Sports Organisation Committee
2013- 2017	Member, County Government of Kakamega Sports Committee
2011- 2016:	Chairman BOM Shikokho Secondary <b>School</b> – Kakamega
2011- 2016:	Member BOM Musingu High School – Kakamega
2013 – 2014	Departmental Coordinator - Internship programmes

### **Membership to Professional Organisations**

2022-2024	Special Olympics Fitness Advisory Committee –Special Olympics International, Washington DC USA
2022 to date	Member - Kenya National Chambers of Commerce and Industry
2022 to date	Member - South Africa Research Innovation, Management Association (SARIMA)
2020 to date	Member - Sports Medicine Society of Kenya Appointed Vice-Chairman Sports Medicine Society of Kenya
2019 to date	International Federation of Physical Activity (IFAPA). African representative to the Board
2019 to date	Member - International Symposium for Adapted Physical Activity (ISAPA)

### **Research Grants**

14-22 June 2025	Fully funded by the ISAPA 2025 committee to attend and participate in the conference held at Munster University, Ireland.
April 2025	Palesa, M, <b>Bukhala, P.</b> & Revees, J.D. Won British Academy’s Equitable Partnerships Workshops Follow-On Funding programme of <b>£30,000</b> , supported under the International Science Partnerships Fund.
Feb 10-13 <sup>th</sup> 2025	Fully funded British Academy grant to attend the Equitable Partnership conference held in London.
August 2024	Fully funded British Academy grant to attend the Equitable Partnership training workshop held at Ulwazi place, Nairobi

2024	Otieno-Leppanen et al., Erasmus+ CBHE:Digital Transformation for Neurodiversity Inclusion in Africa and Asia (AAN-DI) Total grant to MMUST team <b>Kshs 18 million</b>
July 2024	Sakwa, G <b>Bukhala, P</b> & Kwena: Won a National Cancer Institute of Kenya grant: Co-designing a culturally acceptable strategy to optimize uptake of HPV self-sample collection to increase cervical cancer screening and treatment follow-up for women in Kenya Cancer Institute of Kenya grant <b>Kshs. 2,954,000</b> for research on (SELHP)
April 14 - 20 2024	Fully funded travel grant to attend the Equitable Partnership summit held at the University of Southampton UK
6 Feb. 2024	Funded <b>Kshs 300,000</b> for the Celebration of the International Day of Sport at MMUST. Event brought together over 1000 youngsters. Funded by Kenya National Commission for UNICEF and MMUST
Oct-Nov/ 2023	University Partnerships Initiative: Impact oriented travel grants <b>\$5000</b> for training in research management and administration at the University of Pretoria, SA
2023	URF <b>Kshs 1 million</b> : Artisanal gold mining and its effects on education, environment and human health in Ikolomani Sub-County, Kakamega, Kenya by. Elizabeth Omukunda (PI ) <b>Peter Bukhala</b> (Co-PI), Pamela Buhere, Christine Wanjala, Iddah Maulid Ali, Peter Nyongesa, Umulkher Ali, Peter Cherop
2022	Won <b>1000 euros</b> Travel grants to attend INORMS conference in Durban SA
Feb. 13-19 2021	Won grants from BRECCIA project for benchmarking visit to University of Pretoria. 11 staff and Council members funded for the visit. Over <b>5 million shillings</b>
2021 -2023	Organised the 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> virtual Marathon outside Nairobi at Masinde Muliro University of Science and Technology. Sponsored by StanChart Bank. Over 400 students involved annually
2020	Won together with my Postgraduate students the University research fund for fieldwork of MSC and PhD students <b>PhD</b> 1 Isah Kweyu Kshs <b>200,000</b> 2 Roselyne Odiango Kshs <b>200,000</b> 3 Gregory Sakwa Kshs <b>200,000</b> <b>MSC</b> 1 Doreen Kathure Kshs <b>100,000</b>
2017	Medicine Team Physician Course at MMUST. Workshop fully sponsored by the American College of Sports Awarded rights to host the 2017 American College of Sports Medicine (ACSM). Over 100 sports professionals from the East and South African regions trained.
2016	Best 2016 MMUST Senior Researcher during the annual staff Gala award ceremony held at MMUST. Awarded <b>Kshs 10,000</b> gift voucher

2015	2 <sup>nd</sup> Best 2015 MMUST senior Researcher. Awarded <b>Kshs 10,000</b> gift voucher
2010	Special Olympics Healthy Athletes Student Grant Award of <b>USD 5,000 for PhD research.</b>
June – August 2009:	Eunice Kennedy Shriver Fellowship –USA. Ten week training at Special Olympics International – Department of State funding - Washington DC.
May 2009:	Scholarship - University of Manitoba - <b>CADS 1,000</b> for Postgraduate studies research
May-09	Research Methods Training in Adapted Physical Activities at Stellenbosch University South Africa for two weeks
1988- 1990:	Commonwealth Scholarship Graduate studies at McGill University – Canada
1980	Warden’s Badge Outward Bound Mountain School for being the overall best troop leader
1979 -1983:	Kenya Government Full Scholarship - Undergraduate studies at Kenyatta University College (University of Nairobi)
2019	Two-day Optometry Giving Sight medical training for 120 Optometry and vision science students at MMUST. Training funded by Special Olympics Kenya
December 2018	Organised Boccia training for coaches and educators. Funded by MMUST and Universitas Miguel Harnaindez, Spain
2018	The 4 <sup>th</sup> Annual Ikolomani sports tournament involving 110 teams and over 2500 youth (M&W) in the year-long football competition. Proposal funded by Ikolomani Constituency Development Fund <b>Kshs 1.8 million</b>
2017	Partnership Proposal to Bodyflex Gyms Ltd that has resulted in the Establishment of a staff gym at MMUST. Total funding estimated at <b>Kshs 30 million</b>
Dec, 2017	Proposal to Confederation of East and Central Africa Football Association (CECAFA) 2017 for MMUST to advertise in the Stadium and 50 students to provide volunteer services. Proposal accepted for MMUST to advertise free in the stadium and provide Student volunteers hands on experience
Oct. 2017	<b>American College of Sports Medicine (ACSM) Team Physician Course.</b> Proposal to host 4 day international Team Physician Course training workshop for 100 team physicians in the East Africa region Total budget for workshop <b>Kshs2.8million</b>
2016	Coordinated a 2 day Social Science Research Methodology workshop II. Collaboration between the French Institute for Research and Development (IRD) and Department of Health Promotion and Sports of Masinde Muliro University of Science and Technology. Funded by IRD <b>2400 euros</b> and MMUST <b>Kshs. 95,000</b>

- 2016 The 3<sup>rd</sup> Annual Ikolomani sports tournament involving 110 teams and over 2500 youth (M&W) in the year long football competition Proposal funded by Ikolomani Constituency Development Fund **Kshs 1.4 million**
- 2015 Coordinated the 3<sup>rd</sup> MMUST Council Retreat for top university managers. Held at Mombasa Beach Hotel 19-21<sup>st</sup> August 2015. Funded by MMUST
- 2015 Joint initiator of the East African Athletics and Social Sciences International Conference held from 29<sup>th</sup> – 1<sup>st</sup> July in Addis Ababa Ethiopia. Coordinate the delegation of 20 researchers from Kenya. Funded by IRD **€10,000**
- 2015 The 2<sup>nd</sup> Annual Ikolomani sports tournament involving 2500 youth (M&W) in the year long football competition. Proposal funded by Ikolomani Constituency Development Fund **Kshs 1.3 million** total of 2000 youth involved in the year long tournament
- 2015 Coordinated the awareness training on Customer care for all Front Office staff of MMUST. 400 MMUST staff trained. Funded by MMUST
- 2015 Coordinated the awareness training on security and confidentiality of information workshop for all front office staff of MMUST Training conducted by the National Intelligence Service (NIS). Funded by MMUST
- 2015 Coordinated three day awareness training on Corruption Risk Assessment for staff at MMUST. Jointly funded by MMUST and EACC
- 2015 Conducted a one day induction course for teaching staff in the School of Nursing and Midwifery, School of Public Health, Biomedical Sciences and Technology at Masinde Muliro University May 5<sup>th</sup>.
- 2015 Coordinated the Induction course for CODs, Deans, Coordinators and Directors at Masinde Muliro University at Bishop Stam Centre April 21<sup>st</sup>-22<sup>nd</sup>. Funded by MMUST.
- 2015: *A Baseline Survey of Sports Participants and Games Tutors' knowledge of HIV/AIDS and drug abuse: A case study of institutions of higher learning in Kenya.* Research proposal submitted for funding to the Directorate of research- MMUST
- 2014: The 1<sup>st</sup> Annual Ikolomani sports tournament involving 1600 youths. Proposal funded by Ikolomani Constituency Development Fund **Kshs 1.4 million**
- October 2014: Proposal for 1 day concept paper writing and presentation for Masters and PhD Students registered in the Health Promotion and Sports Science on the ODeL programme. Funded by MMUST **Kshs.20, 000**
- June 2014: Coordinated a 3-day Social Science Research Methodology workshop. A collaboration between the Université de Versailles St Quentin en Yvelines, France and Masinde Muliro University of Science and

Technology (MMUST). Funded by The French Embassy –Kenya & MMUST. **€3,000**

November 2013: International Paralympic Committee Classification Research. A collaboration between the University of Queensland and Masinde **site**). MMUST received a strength training rig worth 1million shillings and 10 members of staff from the Department of Health Promotion and Sports Science MMUST and Kenyatta University trained in testing persons with disabilities. Funded by the International Paralympic Committee **€30,000**

2013: **Bukhala, P.** & Kweyu, I. W. Development of a strategic plan for St. Elizabeth Hospital & Nursing School, Mukumu. **Kshs 300,000** paid as consultancy fee.

### **National Training, Workshops & Conferences attended 2012-25**

6<sup>th</sup>-8<sup>th</sup> Aug.2025 Keynote speaker at the Kenya Academy Sports - National sports career fair & symposium 2025. Presented on Careers in Adaptive sports. KICC, Nairobi

23-27<sup>th</sup> June 2025 Facilitator at the MMUST Council retreat on resource mobilization and Procurement held at the Swahili Beach Resort, Diani, Kenya

9<sup>th</sup> -13<sup>th</sup> June 2025 Grants Capacity Building Initiative Workshop held at Burch Resort, Naivasha on Resource mobilization, grant proposal writing and strategic partnerships

10-13 Feb 2025 Attended the 1<sup>st</sup> conference held by the British Academy on Equitable Research Partnerships held in London, UK

3-7<sup>th</sup> Feb.2025 Resource mobilization and fundraising training by Asset Africa Institute held at the Best Western hotel Nairobi

30 – 4 October 2024 Participated in the Trustee Development Program training for Retirement Benefits Scheme at the College of Insurance, Nairobi

27 -30 September 2022 Participated in the workshop on writing winning proposals with a donor market, funded by NETFUND and Project Management Institute held at the Alps Hotel, Nakuru, Kenya

25-27 May, 2021 **Peter Bukhala**, Manson Sichari, Edward Khasakhala, Kellan Okwako, Joanne, Lyanda, Godfrey Ayaga, Stephen Musindayi, James Ouda , Bota Kennedy, Opiyo Rose, Naomi Khakasa, Yvonne Keya, Moses Poi Poi, Esther Moraa & Matoke Matoke: *Barriers to Transition of LWDs in Primary Schools in Kenya: Parental Perception*.15<sup>th</sup> International multi-disciplinary conference held at **MMUST**

23 July 2020 Facilitator at the workshop on Basics of Social Science Evaluation study Designs and Instrumentation organized by African Women in Science & Engineering (AWSE) held at MMUST

1-16 June 2020	Online training by the International VisoMoov© teacher training for Adapted Physical Activity professionals.
Mar-2020	Attended the virtual training workshop on Research and Grants Management run by the BRECCIA Project & SARIMA, held from 1 – 3 September 2020
Feb. 2020	Coordinated the 3 <sup>rd</sup> International sports medicine conference organized by the Sports Medicine Society Kenya from 14th-15th Feb. at AMREF University Kenya
Jan. 2020	Invited to participate in the workshop on development of benchmarks for sports education programmes in East Africa, facilitated by the Inter-University Council for East Africa. 12 <sup>th</sup> -18 <sup>th</sup>
1 <sup>st</sup> Jan 2020 Arusha, Tanzania	Presented a paper on Culture and disaster intervention, Reflections from Kenya.
Oct. 2019	A paper presented at the International Post Disaster workshop, Katholieke University - Leuven, Belgium
May 2019	<b>Bukhala, P.</b> <i>National Values and Governance</i> . Paper presented to senators and heads of departments during the MMUST Corporate governance and leadership training held at Sirikwa hotel, Eldoret, 2-3 <sup>rd</sup> May.
Oct, 2017	<b>Bukhala, P.</b> Invited facilitator at the MMUST Graduate school seminar held at the MCU, Presented a paper on <i>Graduate students supervision</i> 6 <sup>th</sup> October 2017.
July 2017	<b>Bukhala, P.</b> Invited guest speaker at the IAAF Pre-Games Symposium at Kenyatta University. Presented a paper on: <i>Considerations for exercise and sports participation for people with disabilities</i> . 10 -11 July 2017.
May 2017	<b>Bukhala, P.</b> Invited facilitator during the MMUST student leaders Presented paper: <i>Enhancing team work and leadership</i> . 23 <sup>rd</sup> May 2017.
April 2017	<b>Bukhala, P.</b> Invited facilitator during the MMUST career week symposium. Presented paper: <i>Mobilization strategies for communication on priority health issues</i> . 5 <sup>th</sup> April, 2017
Nov. 2016	<b>Bukhala, P.</b> Invited facilitator: Curriculum review workshop for the Department of Physical Education, University of Nairobi from 21-24 <sup>th</sup>
Aug, 2016	<b>Bukhala, P.</b> Kweyu, I. Munayi, S. Bulinda H. M. Higher Education Status for Persons with Disabilities: Socioeconomic Challenges in Public Universities in Kenya. 1 <sup>st</sup> Biennial Conference on the State Of
August 2016	Higher Education in Kenya, Kenyatta University, Nairobi, Kenya. Trainer of Trainers course on National Cohesion and National Values for focal point persons from Ministries, Departments and Agencies, held at Kisumu hotel from 22 <sup>nd</sup> -26 <sup>th</sup> .

March 2016	<i>Discipline management and industrial relations training programme for MMUST</i> , Facilitated by Federation of Kenya Employers from 1 <sup>st</sup> – 4 <sup>th</sup> March
Dec. 2015	<i>Effective negotiation skills training</i> - 10th - 11th December. Facilitated by Federation of Kenya Employers at Crowne Plaza Hotel, Nairobi.
Nov. 2015	Facilitator: Induction workshop for officers in the Kakamega County Public Service Board held at Sunset Hotel Kisumu from 23 <sup>rd</sup> -24 <sup>th</sup>
Nov. 2015	Performance contract negotiation and vetting workshop for 2015/2016 from 3 <sup>rd</sup> -6 <sup>th</sup> .
Nov. 2015	Performance contracting workshop held on 2 <sup>nd</sup> November. Topics covered: <ul style="list-style-type: none"> <li>• Performance management systems</li> <li>• Overview of performance contract</li> <li>• Cascading of performance contract</li> <li>• Monitoring and reporting</li> </ul>
Oct. 2015	<i>Grant proposal writing and graduate students' supervision</i> . MMUST-UNIVEN training workshop held between 21 <sup>st</sup> -24 <sup>th</sup> October at Bishop Nicholas Stam Pastoral Centre-Kakamega from 21 <sup>st</sup> – 24 <sup>th</sup> .
Aug. 2015	Retreat for Council, University Management Board, Deans & Directors at Mombasa Beach Hotel 19 <sup>th</sup> -21 <sup>st</sup> . Topics Covered: <ul style="list-style-type: none"> <li>• Transformational Leadership and change management</li> <li>• Resource mobilization and negotiation skills</li> <li>• Reforms in Parastatal sector and their implication to Universities</li> <li>• Strategic thinking</li> <li>• Strategic plan implementation</li> <li>• Performance contracting implementation</li> <li>• Career opportunities in the banking sector</li> <li>• Team building for effective university management</li> </ul>
Nov. 2015	Presented a paper to staff of the Kakamega County Public Service Board at Sunset Hotel Kisumu on <i>Customer care: A team building approach</i> from 23 <sup>rd</sup> -24 <sup>th</sup> .
May 2015	<i>Confidentiality and security of information workshop</i> facilitated by the National Intelligence Security (NIS) at MMUST from 20 <sup>th</sup> -22 <sup>nd</sup>
April 2015:	Coordinated a two day induction workshop for academic Heads of Departments, Deans and Directors at Masinde Muliro University of Science & Technology at Bishop Stam, Kakamega from 28 <sup>th</sup> -29 <sup>th</sup> .

- January 2015: Coordinated a 5 day Cricket training workshop in partnership with Cricket Kenya at MMUST. 65 students and teachers certified as Level 1 coaches. Funded by Kenya Cricket Association.
- December 2014: Presented a paper: *Disability at workplace: Considerations for accessibility* to staff of Kenya National Highway Authority, western region.
- November 2014: Coordinated a research concept writing workshop for staff in the Department of Health Promotion and Sports Science.
- August 2014: Invited panelist for the Inclusive education thematic area during the 1<sup>st</sup> Kisii County Education Conference held at Kisii University, Kenya
- June 2014 Social Science research method workshop. Funded jointly by the French Embassy and MMUST from 9<sup>th</sup> – 11<sup>th</sup>.
- Jan. 2014 Curriculum development and review for Public Universities in Kenya: Implementation and accreditation from 23<sup>rd</sup> -24<sup>th</sup> at MMUST.
- Oct. 2013 Female Athlete Triad Research Study from October –August 2013.

### **International Workshops & Conferences attended 2012-2025**

- 14-21 June 2025 Panel speaker at the ISAPA 2025 conference held at the Munster Technical University, **Kerry, Ireland.**
- 25th – 27th Feb. 2025 Sport and Health Capacity Development Initiative – Consultation Workshop, Nairobi, Kenya
- Feb.9-11<sup>th</sup> 2025 1<sup>st</sup> British Academy conference on Equitable Research Partnership conference held in **London, UK.**
- Feb. 3<sup>rd</sup> -7<sup>th</sup> 2025 Resource Mobilization International Workshop, held in Nairobi, Kenya
- 15 -17 October 2024 Participated in British Academy Workshop on Equitability in International Research Collaborations at Ulwazi Hotel, Nairobi
- 14–19 October 2024 Africa Climate Mobility Academy Writeshop at MMUST, **Kakamega/ Kenya.**
- 11 Sep. 2024 Enhancing Professional Practice and Sustainable Development in Physical Education & Sport-related Fields through Education, Research, Innovation and Outreach. KEYNOTE SPEAKER, 8th ICHPER.SD-Africa regional conference held at Kenyatta University, **Kenya**
- 15-19 April 2024 **Peter Bukhala:** *The role of Research Management and Administration (RMA) in Kenyan universities.* Paper presented at the Equitable International Research Partnerships summit held at the University of **Southampton, UK**
- 26-29<sup>th</sup> March 2024 **2. Peter Bukhala & Isa Kweyu:** The changing nature of sports in the face of technology and innovations. Paper presented during the 7<sup>th</sup>

- African Council of Development and Education conference held at MMUST, **Kenya**
- 2024 **Peter Bukhala** Research in Adaptive sports, Paper presented at the International Sports Research workshop organized by the Kenya Academy of Sports at Safari Park hotel **Nairobi**.
- 27-29<sup>th</sup> April 2023 Expert writing workshop for Benchmarks in Sports education. Hosted by the Inter-University Council of East **Entebbe, Uganda**.
- 1-4<sup>th</sup> August 2022 **Peter Bukhala** & Kaleb Mwendwa Establishment of a Research Management Office: Presented paper on Learned experiences from a benchmarking exercise at the University of Pretoria, Paper presented at the SARIMA Conference Wanderers Club, Illovo, Johannesburg, **South Africa**.
- 17<sup>th</sup> Feb 2022 **Peter Bukhala** Adapted physical education post Covid from a global perspective: Paper presented during the Global summit side event. Hosted by *International Federation of Adapted Physical Activity* International conference on sports, economic, management, marketing and social aspects, **Athens, Greece**
- 2018 **Bukhala,P.**, Obiri, J. & Omondi,J. Community based sports programmes: An avenue for enhancing peaceful communities in Kenya. Pan Africa International Research Congress, Kisumu, 18-21, June 2018, **Kisumu, Kenya**.
- 18-21, June 2018 **Bukhala, P**, Kweyu, I. & Opicha, A. Effect of heavy schoolbags on the health of school going pupils in Kakamega municipality, Pan Africa International Research Congress, **Kisumu, Kenya**
- 18-21, June 2018 Ndambo, R., **Bukhala, P.** & Bulinda, H. Female teachers participation in the management of competitive sports programmes in secondary schools in Taita-Taveta County, Kenya. Pan Africa International Research Congress, **Kisumu, Kenya**.
- Dec. 2017 **Bukhala, P.** *Effects of environmental degradation on outdoor activities*. Paper presented at the International Researchers' Link workshop held at Vittoria Suites Hotel, Kisumu, Kenya from 18<sup>th</sup>-21<sup>st</sup>.
- Sep. 18-19, 2017 **Bukhala, P.** Invited speaker at the Department of Kinesiology and Physical Education at McGill University, **Montreal, Canada**. Presented on:
  - i. Round table discussions on research perspectives in adapted physical activities in developing nations.
  - ii. Physical education and physical activity in Kenya
- Sep.20-24<sup>th</sup> 2017 **Bukhala, P.** Legg, D. & Higgs, C. Determinants of participation in Paralympic sports among athletes with disabilities in developing

- nations. The case of Kenya, Uganda and Tanzania, Conference held in **Toronto, Canada**
- May 2017 **Bukhala, P.** The status of sports for persons with disabilities in developing countries. The case of Kenya. Paper presented at 17<sup>th</sup> Annual International Conference on Sports, Economics, Management marketing and Social aspects, 8-11May. **Athens, Greece.**
- Nov. 2016 **Bukhala, P.** *Cultural practices and their effects on the implementation of rights for persons with disabilities in Kenya.* International conference on Disability and the Global 2030 Agenda for Sustainable Development. Conference held at **Pwani University** from 28<sup>th</sup> – 30<sup>th</sup> November 2016.
- Sept. 2016
- i. **Bukhala, P.** *Impact of a 15 week health promotion programme on youths participating in Special Olympics programmes in Nairobi, Kenya.* Paper presented during the PASHDA Conference held at **Kenyatta University** 21-23<sup>rd</sup> September 2016.
  - ii. Mwangi, J.W, Andanje Mwisukha, **Peter Bukhala**, *Physical and social benefits of parental involvement in organised physical activity programmes for children with intellectual disability in Nairobi, Kenya.* Paper presented during the PASHDA Conference held at **Kenyatta University** 21-23<sup>rd</sup> September 2016.
  - iii. Wabuyabo, I.K., **Peter Bukhala**, Benoit Gaudin, & Manuel Schotte. *Emergence and development of athletics culture in Kenya.* Paper presented during the PASHDA Conference held at **Kenyatta University** 21-23<sup>rd</sup> September 2016
  - iv. Ragor, G, **Peter Bukhala** & Peter Odera *Psycho-social factors influencing performance in physical and health education among students in Primary Teacher Training Colleges in Vihiga County, Kenya.* Paper presented during the PASHDA Conference held at **Kenyatta University** 21-23<sup>rd</sup> September 2016.
  - v. Sabiri, E.M, Wabuyabo, I.K, **Peter Bukhala**, Edwin Wamukoya & Esther Vurigwa, *Benefits of exercise to expectant mothers as perceived by nursing students in selected medical training colleges in Kakamega, Kenya.* Paper presented during the PASHDA Conference held at **Kenyatta University** 21-23<sup>rd</sup> September 2016
- Aug. 2016
- i. **Bukhala, P.** *Physical activity and health among people with disabilities across the life span: The case of Kenya.* Invited Guest speaker at the International Convention on

- Science, Education, Medicine in Science (ICSEMIS) conference, **Santos, Brazil, 31-4<sup>th</sup> September 2016.**
- ii. Sabiri, E. M & **Bukhala, P.** *Determinants of sports participation among adolescents with disabilities in Kakamega County, Kenya.* Paper presented at the ICSEMIS conference, **Santos, Brazil, 31-4<sup>th</sup> September 2016.**
  - iii. **Bukhala, P.** *Identification & development of talent among athletes with impairment in Kenya.* P. Paper presented to postgraduate students and staff at the Institute of Physical Activity and Sports Sciences, Universidade Cruzeiro do Sol , **Sao Paulo, Brazil 1<sup>st</sup> September 2016**
- May 2016 **Bukhala, P.** *Sports Equipment and Technology in Developing Nations: Need for grassroots initiative to enhance parasports.* Paper presented at the Africa Academy of Disability Sports International workshop **Dar es Salaam, Tanzania.** (Funded by the University of Kentucky, USA).
- May 2016 **Bukhala, P.** Cultural practices and health of youth with disability in Kenya. 10<sup>th</sup> MMUST International Conference, **Kakamega Kenya.**
- June 2015
- i. **Bukhala, P.** *The Paralympic athlete development from participation to elite sports in Kenya: Emerging trends.* Keynote presentation at the East African Athletics and Social Sciences International Conference held from 29<sup>th</sup> – 1<sup>st</sup> July. **Addis Ababa, Ethiopia**
  - ii. Wabuyabo, I.K., **Peter Bukhala,** Benoit Gaudin, & Manuel Schotte. *Socio-cultural determinants of athletics abilities among Kenyan elite and sub-elite middle and long distance runners.*
  - iii. Presentation at the East African Athletics and Social Sciences International Conference held from 29<sup>th</sup> – 1<sup>st</sup> July. **Addis Ababa, Ethiopia.**
  - iv. Mwangi J. W, Andanje M. & **Bukhala, P.** *Parental involvement in organised physical activities for children with intellectual disabilities in Nairobi County, Kenya,* Presentation at the East African Athletics and Social Sciences International Conference held from 29<sup>th</sup> – 1<sup>st</sup> July. **Addis Ababa, Ethiopia.**
  - v. Sabiri, E. M., & **Bukhala, P** *Physical activity levels among school going adolescents with disabilities in Kakamega County, Kenya.* Presentation at the East African Athletics and Social Sciences International Conference held from 29<sup>th</sup> – 1<sup>st</sup> July. **Addis Ababa, Ethiopia.**

- vi. Situma, J. & **Bukhala, P.** *Assessment of sports policy framework implementation for provision of support services to persons with disabilities in Kakamega County, Kenya.* Paper presented at the East African Athletics and Social Sciences International Conference held from 29<sup>th</sup> – 1<sup>st</sup> July. **Addis Ababa, Ethiopia.**
  - vii. Thangu, E. & **Bukhala, P.** *Motivation for participation in sport amongst athletes with physical impairment participating in running events.* Paper Presented at the East African Athletics and Social Sciences International Conference held from 29<sup>th</sup> – 1<sup>st</sup> July. **Addis Ababa, Ethiopia.**
  - viii. Njenga, D., Muthomi, H. & **Bukhala, P.** *Influence of skill related coaching efficacy on Special Olympics volunteer coaches motivation in Nairobi County, Kenya from 29<sup>th</sup> – 1<sup>st</sup> July.* **Addis Ababa, Ethiopia.**
- 2015 Emma M Beckman, Mark J Connick, **Peter Bukhala** and Sean M Tweedy: *Relationship between lower limb extensor strength and running performance in 3 populations of athletes.:* VISTA Conference Girona, **Barcelona- Spain.**
- 2015 Jemima G Spathis, Mark J Connick, Emma M Beckman, Edna Thangu, Raul Reina, **Peter Bukhala** & Sean M. Tweedy: *Evaluating a battery of tests designed to predict running performance in runners with brain impairments recruited from Kenya and Australia.* VISTA Conference Girona, **Barcelona-Spain.**
- 2015 **Bukhala P.** & Kweyu I. *Peace and security: counter terrorism through sports;* Paper presented at the EMSK International Conference held in **Kakamega.**
- 2015 Ragor, G.K., Odera, P. & **Bukhala, P:** *Influence of attitude on performance in physical education among students in Primary Teachers Training Colleges in Vihiga County, Kenya.* A paper presented at the 4<sup>th</sup> Masinde Muliro University of Science & Technology and the EMSK International Conference held in **Kakamega.**
- 2015 **Bukhala, P.** *Five week health promotion programme on youths participating in Special Olympics Programmes in Nairobi. Kenya:* A paper presented during the European Convention of Adapted Physical Activities, **Madrid, Spain**
- May 2014: **Bukhala, P.** *The Paralympic athlete's career: From participation to Retirement.* Workshop organised by the Regional Sports Academy and the Sports Science Committee of the International Paralympic

Committee, **Paramaribo, Suriname.**

Papers Presented:

i. *Cultural practices and Disability in developing nations.*

ii. *Where there is no doctor: Assessment and Training strategies by elite athletes with impairments in developing nations.*

iii. *Identification & development of talent among athletes with*

iv. *impairment in Kenya*

March 2014

**Bukhala P:** *Impact of a Health Promotion Programme on Youth with Intellectual Disabilities Participating In Special Olympics Programmes in Nairobi, Kenya.* Paper presented at the International Nutrition Conference held at the North Coast Beach Hotel, **Kilifi, Kenya.**

May 1- 4, 2013

**Bukhala, P.** Sports Equipment and Technology in Developing Nations: Grass roots initiatives to enhance parasports in Kenya, Paper presented during the Vista conference held at the Gustav Stresseman-Institut in **Bonn, Germany** -

July, 2012

Bukhala, P. Physical activity level of youths with intellectual disabilities participating in Special Olympics programmes in Nairobi Province – Kenya Conference held in **Glasgow, United Kingdom.**

Nov. 2012:

**Bukhala, P.** *Cultural practices and their effects on provision of opportunities to children with disabilities.* Conference held at IBEA **Nairobi Kenya**

---

#### 4. Publications

June 2025 Mitambo, G.,**Bukhala, P.**, Kweyu, I.W. Prevalence of common mental health issues among elite runners in Kenya, a desktop review Journal of Medicine, Nursing and Public health. Edinburg peer reviewed Journals and books publishers, vol.5 (2), pg1-9.

Apr 2025 Juliana Andisi, **Peter W. Bukhala**, Roselyne Odiango. Peer and Family Support as Determinants of Female Participation in Sports among Trainees in Teacher Training Colleges in Kenya. African Journal of Empirical Research, 6(2):179-187.

Dec. 2024 **Bukhala Peter**, Mandillah, Lucy Ochieno Dennis. Mutai Charles. Research and Outreach at MMUST: in the history of Masinde Muliro University of Science and Technology eds.

- Nov.2022 **Bukhala, P.W.** Representation of disability in the media: A review of Kenyan newspaper reports of 2015-2016. *Research Journal in Advanced Humanities*, 3(4), 68-79
- June 2022 Purity Wambui Kamande, **Peter Bukhala** & Silvenus Konyole Nutritional knowledge and practice of elite rugby players in Kenya. *AJFAND* Volume 22 No.4 <https://doi.org/10.18697/ajfand.109.22385>
- 2022 Kathure DM, **Bukhala PW** & Konyole SO. Assessment of nutrition knowledge and sources of nutrition information among middle- and long-distance elite athlete in rift region of Kenya. *African journal of food, nutrition and development* 22(5). <https://doi.org/10.18697/ajfand11022445>
- Mar 2022 Legg, D., Higgs, C.Dour, F.O **Bukhala, P.** & Pankowiak. A framework for understanding Barriers to participation in sport for persons with Disability. *Palaestra* Vol 36,(1)13-20
- 2022 Sakwa G., **Bukhala P.**, Kwena Z., Kipmerewo M., Health facility and human resource factors supporting uptake of cervical Cancer screening in Kakamega County, Kenya. *Int. J. Adv. Res.* 9(10), 632-638, ISSN: 2320-5407
- 2022 Sakwa G., **Bukhala P.**, Kwena Z., Kipmerewo M., Knowledge, attitude and practices in cervical cancer screening in Kakamega County, Kenya. *Journal of Health, Medicine and Nursing* ISSN 2520-2025 (Online) Vol.7, Issue 5. No.4, pp 51- 66, 2021
- 2021 Pesanayi, Gwirayi, Kelvin H. Usanga, Eunice K, N, Majanga & **Peter Bukhala.** Child Abuse in African settings. In Tawanda Runhare & Pesanayi Gwirayi (eds) *Sociological foundations of education in Africa: Perspectives, contexts and contemporary issues* pp 271-293. Oxford University Press, SA
- Dec.2020 Lucy Amanyana Mutuli, **Peter Bukhala**, Gordon Nguka. Predictability of the Theory of Planned Behavior Constructs in Practice of Physical Activity of Recuperating Alcoholics. *International Journal of Sports and Physical Education (IJSPE)* Volume 6, Issue 2, PP 1-8 <https://www.arcjournals.org/pdfs/ijspe/v6-i2/1.pdf>
- Nov. 2019 Roselyne A Odiango , **Peter Bukhala**, Gordon Nguka: Gender ratings of social behaviour functioning levels among children with intellectual disability in a sport socialization intervention programme in Kenya. *International Journal of Academic Research and Development*. Volume 4 Issue 6; Page 39-46. <http://www.academicjournal.in/download/2388/4-5-20-795.pdf>
- June 2019 Nguka, G. Unnikrishman, P. Achoka, J. **Bukhala, P.** Kweyu, I. Health and wellbeing, sustainable development goals (SDG) No. 3 and education for sustainable development (ESD) . *J-STEM* vol. 8, (1) 182-
- June 2019 **Bukhala, P.** , Wabuyabo, I. K; Vurigwa, E. Wafula, J. & Majanga, E. Knowledge on effects of exercise on HIV infected persons' health among medical students in Kakamega County. *J-STEM* vol. 8, (1) 159-170 <https://oapub.org/edu/index.php/ejep/article/view/1660>

- June 2019 Odiango, R. **Bukhala, P** & Nguka, G. Promoting social skill learning through sport socialization intervention among children with intellectual disability in Kenya: A single subject experimental research  
[https://www.paralympic.org/sites/default/files/document/170901103331709\\_VISTA%2BAbstracts\\_Final.pdf](https://www.paralympic.org/sites/default/files/document/170901103331709_VISTA%2BAbstracts_Final.pdf)
- 2019 Litali, G., **Bukhala, P.** and Nguka. G. Exploring out of pocket health expenditure and health insurance among residents in Kakamega, Kenya. *European Journal of Public Health Studies*, Vol.1 issue 2, p42-62.  
<https://oapub.org/hlt/index.php/EJPHS/article/view/24>
- 2018 Mutuli LA, **Bukhala P**, Nguka G. Factors affecting physical activity of recuperating alcoholics in Asumbi-Homabay rehabilitation center, Kenya  
*J Addict Ther Res.* 2018; 2: 028-035.  
<https://dx.doi.org/10.29328/journal.jatr.1001008>  
<https://www.heighpubs.org/jatr/pdf/jatr-aid1008.pdf>
- 2018 Consolata Namisi Lusweti, **Peter Wisiuba Bukhala** and Gordon Nguka. Socio-Demographic Characteristics Differences between Pregnant Women Living with Disability and Able Bodied in Kakamega County, Kenya. *Global Journal of Endocrinological Metabolism* Volume 2 Issue 4  
<https://crimsonpublishers.com/gjem/fulltext/GJEM.000548.php>
- 2018 Ngeti, R.M, Mugala H. B, & **Bukhala, P.** Influence of facilities and equipment on female teachers' management of competitive sports in secondary schools in Taita Taveta County. *International journal of sports and physical education* vol. 4, issue 4pp37-42.  
[https://www.researchgate.net/publication/333720367\\_Influence\\_of\\_Facilities\\_and\\_Equipment\\_on\\_Female\\_Teachers'\\_Management\\_of\\_Competitive\\_Sports\\_in\\_Secondary\\_Schools\\_in\\_Taita\\_Taveta\\_County](https://www.researchgate.net/publication/333720367_Influence_of_Facilities_and_Equipment_on_Female_Teachers'_Management_of_Competitive_Sports_in_Secondary_Schools_in_Taita_Taveta_County)
- 2018 Oloo M. O., **Bukhala, P, W.** and Wesonga B. Exercise prescription: Practices of healthcare professionals in hospital setting, Kenya. *Journal of Physical Activity Research*, Vol.3 (1), 47-54. <http://www.sciepub.com/JPAR/abstract/9229>
- Oct. 2017 Mutuli, L. A, **Bukhala, P.** & Nguka, G. Factors influencing practice of optimal dietary intake of alcoholics under rehabilitation in Asumbi- Homabay, Kenya. *Journal of General Practice*, LosAngels 5(5)  
<https://www.hilarispublisher.com/open-access/factors-influencing-practice-of-optimal-dietary-intake-of-alcoholics-underrehabilitation-in-asumbihomabay-kenya-2327-4972-1000336.pdf>
- Sep. 2017 Wekesa, J. **Bukhala, P.** & Nguka, G. Status of disability sports policy implementation in schools in Kakamega County, Kenya. *International Journal of Educational Policy Research and Review*, Vol.4(9), pp.210-216.  
<https://journalissues.org/wp-content/uploads/2017/09/Wekesa-et-al..pdf>
- July 2017 Mogaka, E., **Bukhala, P.** & Nguka, G. Determinants of participation in physical activity among school going adolescents with disabilities in Kakamega

- County, Kenya. *Journal of Sports and Physical Education*, Vol. 4(4, July-Aug. 2017), pp.42-52. [H0404014252.pdf \(iosrjournals.org\)](https://www.researchgate.net/publication/321376151)
- May 2017 Oloo, M., **Bukhala, P.**, Wesonga, B. Odiango, R. & Kathure, D. Exercise prescription for prevention and control of chronic diseases by healthcare providers in Kenya. *International Research Journal of public and Environmental Health* Vol. 4(7) pp. 148-154.  
[https://www.researchgate.net/publication/321376151 Exercise prescription for prevention and control of chronic diseases by healthcare providers in Kenya](https://www.researchgate.net/publication/321376151)
- Mar. 2017 **Bukhala, P.** Enhancing Inclusive Sports Participation through Volunteer Coaches: The case of Camp Shriver at Kenyatta University. *African Journal for Physical Activity and Health Sciences (AJPHEs)*.  
[https://www.researchgate.net/publication/315714881 African Journal for Physical Activity and Health Sciences AJPHEs Volume 2311 March 2017 pp 13-27 Enhancing inclusive sports participation through volunteer coaches The case of Camp Shriver at Kenyatta](https://www.researchgate.net/publication/315714881)
- 2017 **Bukhala, P.** Onywera, V., Toriola, A.L and Onagbiye, S.O Assessment of physical fitness status of athletes with intellectual disabilities participating in Special Olympics programs in Nairobi County, Kenya. *Journal of Human Ecology* 59(2-3), 148-155.  
[https://www.researchgate.net/publication/319991192 Assessment of Physical Fitness Status of Athletes with Intellectual Disabilities Participating in Special Olympics Programs in Nairobi County Kenya](https://www.researchgate.net/publication/319991192)
- Jan. 2017 Wabuyabo, I., **Bukhala, P.**, & Benoit Gaudin. Socio-cultural determinants of athletics abilities among Kenyan elite and sub-elite middle and long distance runners. *Hall archives-ouvertes*, <https://hal.archives-ouvertes.fr/hal-01429296>  
[Socio-CulturalDeterminantsofAthleticsAbilitiesAmongKenyanEliteSub-EliteMiddleandLongDistanceRunners.pdf \(mmust.ac.ke\)](https://hal.archives-ouvertes.fr/hal-01429296)
- Nov. 2016 Onywera, V.O, Muthuri, S.K, Hayker, S., Wachira, L.J., Kyallo, F., Mang'eni R,O, **Bukhala, P.**, Mireri, C. Results From Kenya's 2016. Report Card on Physical Activity for Children and Youth *Journal of physical Activity and Health*, 2016, 13 (Suppl 2), S195 - S200 <http://dx.doi.org/10.1123/jpah.2016-0359> © 2016 Human Kinetics, Inc. (16) (PDF) Results From Kenya's 2016 Report Card on Physical Activity for Children and Youth (researchgate.net)
- 2016 Mutuli, A. L, Kirigi, N.L & **Bukhala, P.** Socio-cultural practices and beliefs influencing infant and young child feeding in Lubao sub-location, Kakamega County. *Journal of nutritional health and food engineering: 5(1)*  
<https://medcraveonline.com/JNHFE/socio-cultural-practices-and-beliefs-influencing-infant-and-young-child-feeding-in-lubao-sub-location-kakamega-countrynbsp.html>

- 2016 Mutuli, A. L, Cheron, D & **Bukhala, P.** Contributing prevalence of overweight and obesity amongst HIV infected adults in Vihiga District hospital, Vihiga County *HIV: Current Research, Open Access.1(2)-1000144* <https://www.longdom.org/open-access/contributing-prevalence-of-overweight-and-obesity-amongst-hiv-infectedadults-in-vihiga-district-hospital-vihiga-county-.pdf>
- 2016 Lucy A. Mutuli, Miriam Wepukhulu, Cecilia Mwani, **Peter Bukhala:** Underutilization of Healthcare Services among Clients with Human Immunodeficiency Virus, Vol.5, Issue 1, January 2016. [http://www.internationaljournalcorner.com/index.php/ijird\\_ojs/article/view/136225](http://www.internationaljournalcorner.com/index.php/ijird_ojs/article/view/136225)
- 2016 Waiganjo L,B, Wabuyabo I, K, **Bukhala P,** Elizabeth M, Roselyne O, Ednah, S, Jasper W: Prevalence of Cumulative Trauma Disorders among computer Work Station Users in Kakamega County, Kenya. *Asian Journal of Applied Sciences*(ISSN: 2321 – 0893) Volume 04 – Issue 05, October 2016 [https://www.researchgate.net/publication/312631672\\_Prevalence\\_of\\_Cumulative\\_Trauma\\_Disorders\\_among\\_Computer\\_Work\\_Station\\_Users\\_in\\_Kakamega\\_County\\_Kenya](https://www.researchgate.net/publication/312631672_Prevalence_of_Cumulative_Trauma_Disorders_among_Computer_Work_Station_Users_in_Kakamega_County_Kenya)
- 2016 **Bukhala P.** & Kweyu I. Peace and security: counter terrorism through sports, *Journal of Education and Social Sciences*,3(1), p 116-119.
- 2016 Mugala B. H, Wamukoya E. K, **Bukhala P.** Demographic factors affecting achievement orientation among Kenya volleyball leagues players *International Journal of Sport Studies*. ISSN 2251-7502, Vol, 6 (2), 95-103. [https://www.researchgate.net/publication/310979063\\_Demographic\\_factors\\_affecting\\_achievement\\_goal\\_orientation\\_among\\_Kenya\\_volleyball\\_league\\_players](https://www.researchgate.net/publication/310979063_Demographic_factors_affecting_achievement_goal_orientation_among_Kenya_volleyball_league_players)
- 2016 Mugala B. H, Wamukoya E. K, **Bukhala P.,** Issah W. K. Gender differences on motivation of Kenyan primary school pupils towards participation in school sport. *International Journal of Sport Studies*. ISSN 2251-7502 Vol., 6 (2),95-103. [https://www.researchgate.net/publication/304782481\\_Gender\\_differences\\_on\\_motivation\\_of\\_Kenyan\\_primary\\_school\\_pupils\\_towards\\_participation\\_in\\_school\\_sports](https://www.researchgate.net/publication/304782481_Gender_differences_on_motivation_of_Kenyan_primary_school_pupils_towards_participation_in_school_sports)
- 2015 Ragor, G., Odera, P., & **Bukhala, P.** Contribution of Guidance and Counseling toward students' attitude change in Physical and Health Education in Primary Teacher Training Colleges in Vihiga County, Kenya. *Kenya journal of Guidance, counseling and Psychology*, Vol.5(1).
- 2015 **Bukhala, P.** Inclusion Kenyan style. The inclusion club. Inclusion Kenyan Style. <http://theinclusionclub.com/e58-inclusion-kenya-style/>
- 2012 **Bukhala, Peter Wisiuba.** Effect of a Peer-Tutor Programme on Social, Psychomotor and Physical Fitness of Youth With and Without Intellectual Disability in Nairobi County, Kenya. PhD thesis, Kenyatta University. <http://thesisbank.jhia.ac.ke/2558/>

## Book Chapters

- 2025 **Peter Bukhala** and Pamela Buhere: *Inclusive education and learners with intellectual disabilities in developing nations*; challenges and opportunities. In *Intellectual and Learning Disabilities - Inclusive Practices and Challenges*. Ed. Fahriye Altınay. IntechOpen access publishers (In Press)
- 2021 Gwirayi, P. Usanga, K. H., Majanga, E.K. N, **Bukhala, P.** *Child abuse in Africa settings*. In Runhare, T. & Gwirayi. P (Eds). *Sociological foundations of education in Africa: Perspectives, Contexts and contemporary issues* Oxford University Press. p271-293
- June 2017 Wabuyabo, I.K, **Bukhala, P. W** & Gaudin, B. *Socio-cultural determinants of athletics abilities among Kenyan elite and sub-elite middle and long distance runners*. In Gaudin, B. & Wolde, B. (eds) 2017. *Kenyan and Ethiopian Athletics: Towards an alternative scientific approach*. Addis Ababa: IRD/CFEE pp.41-50. <https://hal.archives-ouvertes.fr/hal-01429296>
- June 2017 Mwangi, J.W., **Bukhala, P.** & Mwisukha, A. *Psycho-social benefits of parental involvement in organised physical activity for children with intellectual disabilities in Nairobi*, In Gaudin, B. & Wolde, B. (eds) 2017. *Kenyan and Ethiopian Athletics: Towards an alternative scientific approach* Addis Ababa: IRD/CFEE pp. 73-84. <http://ir-library.ku.ac.ke/handle/123456789/10632>
- June 2017 Njenga, D., Muthomi, H. N. & **Bukhala, P.** Influence of skill related coaching efficacy on the motivation of Special Olympics volunteers in Nairobi, Kenya. In Gaudin, B. & Wolde, B. (eds) 2017. *Kenyan and Ethiopian Athletics: Towards an alternative scientific approach*.. Addis Ababa:IRD/CFEEpp.203-214. <http://ir-library.ku.ac.ke/handle/123456789/14203>
- Nov. 2012 **Bukhala, P.** Using sports to demystify disability: the case of Camp Shriver at Kenyatta University: in *Special Issues: Disabilities*. French Institute for research in Africa.Les Cahiers d’Afrique de Pest no. 46-1 P31-42. <https://journals.openedition.org/eastafrica/436>

## Students Supervised to completion

### PhD

1. **Gregory Sakwa** (Masinde Muliro University of Science and Technology, Kenya) Integrating cervical cancer awareness and screening in the community strategy in delivery of Kenya government universal health care.  
Status: Graduated MMUST December 2022

2. **Grace A. Litali** (Masinde Muliro University of Science and Technology, Kenya)  
Title: Exploring out of pocket expenditure protection and quality of health services in Kakamega.  
Status: Graduated MMUST 2021
3. **Issah Kweyu Wabuyabo** (Masinde Muliro University of Science and Technology, Kenya)  
Title: Socio-Cultural Determinants of Athletic Abilities among Kenyan Elite & Sub-Elite Middle and Long Distance Runners,  
Status: Graduated MMUST December 2021
4. **Consolata Namisi Lusweti** (Masinde Muliro University of Science and Technology, Kenya)  
Title: Partnership intervention model for improved maternal and child health outcomes among pregnant women living with disability in Kakamega County, Kenya.  
Status Graduated MMUST 2021
5. **Roselyne Ajwang Odiango** (Masinde Muliro University of Science and Technology, Kenya)  
Title: Effect of Sport Socialization Intervention Programme on Social Skill learning among Children with Intellectual disability in Kakamega county Kenya.  
Status: Graduated MMUST December 2020
6. **Lucy Mutuli** (Masinde Muliro University of Science and Technology, Kenya) Title: Integrating Dietary Intake and Physical Activity as a Process of Treating Alcoholism and Reducing Relapse Amongst Alcoholics Aged 15-65 Years in Asumbi Rehabilitation Center, Kenya  
Status: Graduated MMUST December 2019
7. **Jane Wairimu Mwangi:** (Kenyatta University)  
Title: Physical and psycho-social benefits of parental involvement in physical activity and sports for children with intellectual disability in Nairobi County, Kenya.  
Status: Graduated – Kenyatta University December 2016
8. **Edna Thangu:** (Kenyatta University)  
Title: Impact of impairments on the performance of activity limitation tests for running events in athletes with physical disabilities in Kenya  
Status: Graduated Kenyatta University. June 2015

## MSC

9. **Purity W. Kamande** (Masinde Muliro University of Science and Technology, Kenya)  
Title: Nutritional knowledge, practice and nutrition status of elite rugby players in Kenya.  
Status: Graduated from MMUST December 2022

10. **Doreen Kathure Murithi:** Assessment of nutrition knowledge, attitudes and practices among middle and long-distance elite athletes in north rift - Kenya  
Status: (Masinde Muliro University of Science and Technology, Kenya):  
Status: Graduated from MMUST December 2022
11. **Monicah W. Mwangi** (Masinde Muliro University of Science and Technology, Kenya)  
Title: Factors influencing sports participation among pupils with vision impairment attending special and inclusive schools in Kakamega County, Kenya.  
Status: (Masinde Muliro University of Science and Technology, Kenya):  
Graduated MMUST December 2021
12. **Jasper Situma Wekesa** (Masinde Muliro University of Science and Technology, Kenya)  
Title: Assessment of Sports Policy Framework Implementation for Provision of Support Services to Persons with Disabilities in Kakamega County, Kenya,  
Status: Graduating MMUST December 2020.
13. **Ednah Sabiri** (Masinde Muliro University of Science and Technology, Kenya).  
Title: Determinants of participation in physical activity among school going adolescents with disabilities in Kakamega County, Kenya.  
Status: Graduated MMUST December 2018
14. **Micky Olutende Oloo** (Masinde Muliro University of Science and Technology, Kenya).  
Title: Exercise prescription: knowledge, attitudes and practice among healthcare professionals in Kakamega County, Kenya  
Status: Graduated MMUST December 2018
15. **Robert Ndambo Ngeti** (Kenyatta University).  
Title: Female teachers' participation in the management of competitive sports programmes in secondary schools in Taita-Taveta county-Kenya  
Status: Graduated KU December 2017.
16. **Moseti Moraa zipporah** (Kenyatta University)  
Title: Participation In Sports By Deaf Students In Special Secondary Schools For The Deaf In Kenya  
Status: Graduated –Kenyatta University December 2016.  
**Geoffrey Kiplimo Ragor:** (MMUST)  
Title: Psychosocial factors influencing performance in physical and health education among students in Primary Teacher Training Colleges in Vihiga County, Kenya.  
Status: Graduated - MMUST December 2016.
17. **Daniel Njenga:** (Kenyatta University)

- Title: Assessment of Special Olympics volunteer coaches self-efficacy in selected sports clubs and school based programmes in Nairobi County, Kenya  
Status: Graduated– Kenyatta University June 2015
18. **Marylyn Awuor** (Kenyatta University)  
Title: Analysis of strategies used in teaching Adapted Physical Education to learners with physical disability in Nyakach District, Kenya  
Status: Graduated - Kenyatta University July 2014.
19. **Mukala H, Bulinda** (Kenyatta University)  
Motivational factors that affect primary school pupils' participation in organized sport in Shinyalu division of Kakamega district, Kenya  
Status: Graduated - Kenyatta University June 2002

## Thesis Examiner

1. **2025** Kithuka Raphael Munyao Factors influencing the teaching of traditional sports and games in public primary schools in Machakos county, Kenya. **University of Nairobi**  
**2025**..... Link between basketball officiating expertise level and the referees' performance during Kenya basketball federation premier league play-offs 2022-2023 season, Kenyatta University
- 2024** Lesigo Terrance Phetihe: **University of Johannesburg** PhD thesis. Development and validation of instruments to evaluate stressors, well-being and social support among South African sports coaches
2. **2024** Walter Gaboinewe Steenbok: **University of Johannesburg** PhD thesis. A Multidimensional Approach to Talent Identification and Development in South African youth soccer: evolving conceptual frameworks
3. **2024** Bavon Enock Ochieng. **University of Nairobi** Title of thesis: Universal Design for Learning Determinants in Teaching Quality Physical Education in International Schools in Kenya.
4. **2024** Mthokozisi Michael Mthethwa (**PhD**) **Kwa Zulu Natal University** - South Africa Health-related activeness of student teachers .
5. **2023** Timothy Ramara (Msc Physical education). Determinants and Prevalence of Drug Abuse among Athletes in Selected University Competitive Sports in Kenya **University of Nairobi-Kenya**
6. **2023** Janeth Danford Mlay (PhD Examination) **Dar es Salaam University**- Tanzania: Inclusion of pupils with hearing impairment in physical activity in primary schools in Tanzania
7. **2023** H Velayudam (PhD). **Kwa Zulu Natal University** - South Africa The development of a conceptual framework for sport development in low resourced communities in KZN, South Africa
8. **2022** VP MAZIBUKO PhD. **Kwa Zulu Natal University** - South Africa. The development of a Sports Transformation Model (STM) to guide bidding for, and hosting of mega-sports events:
9. **2021 Kenyatta University** Adequacy of university student-teacher preparation programme towards achieving the inclusion of learners with disabilities in practical physical education lessons in Ghana ((**PhD student**) Anonymous)
10. **2019** Ronald Muyanja (MSC). **Kyambogo University, Uganda** Injury occurrence among rugby players in secondary schools in central Uganda in year 2019
11. **2019 John Mugeru**: Comparison of PETT programmes in public universities in Uganda: The case of Makerere and Kyambogo. **Kyambogo University, Uganda**
12. **2012** Armand Bam. **University of Cape Town (South Africa)**: The perceptions of recreation officers towards the inclusion of visually impaired children within the

city of Cape Town come and play programme. MPhil in Disability studies.  
University of Cape Town, South Africa

### **External Examiner**

2025	Department of Physical Education & Exercise Science, Kenyatta University
2024	Department of Recreation and Sports management, Kenyatta University
2017-2019	University of Nairobi Department of Physical education and sport
2022 to 2024	Kyambogo University –Uganda Department of Sports Science

### **Reviewer**

- i. African Journal for Physical Activity and Health Sciences (**AJPHEs**)
- ii. European Journal of Adapted Physical Activity (**EUJAPA**)
  - I don't think the same way I used to; volunteer experiences with an adapted physical exercise program
  - Protocol: Becoming more active. The development of a special school to a more active school
  - Physical Activity Behavior and use of Assistive Mobility Devices as Predictors of Health-Related Quality of Life among Kenyan Secondary Schools Learners with Physical Disabilities
- iii. Clarivate
  - African Identities International conference on Child Victims, Vulnerable children and violent youth in East Africa, **Kampala, Uganda.**

### **6. Countries visited**

- 1) Ireland -Dublin, Kerry
- 2) Canada – Montreal, Manitoba, Toronto
- 3) USA – Nebraska, Maryland, Washington DC, New Jersey, New York
- 4) Belgium – Leuven, Ghent, Brussels, Antwerp
- 5) Finland -Jyvaskyla, Helsinki
- 6) Germany- Bonn,
- 7) Greece -Athens
- 8) United Kingdom – Southampton, London, Leicester, Loughborough, Glasgow
- 9) Monaco – Monte Carlo
- 10) Brazil – Santos, Rio de Janeiro,
- 11) Spain -Barcelona, Girona, Madrid
- 12) Suriname - Paramaribo

- 13) Ethiopia – Addis Ababa
- 14) Morocco – Marrakesh
- 15) South Africa -Johannesburg, Pretoria, Cape town, Stellenbosch
- 16) Uganda -Kampala, Jinja
- 17) Tanzania – Dar es salaam, Arusha
- 18) Angola -Luanda

## **6. Referees**

### **1 Prof. David Legg**

Department of Health and Physical Education

Mount Royal University

4825 Mount Royal Gate, SW

Calgary, AB

T3E 6K6

### **2 Prof. Wycliffe Simiyu Njororai**

University of Texas at Tyler, USA

[wnjororai@uttyler.edu](mailto:wnjororai@uttyler.edu)

### **3 Mr. Brown Makotsi**

MD East Africa Development and Consultancy

BOX 48000-00100

Nairobi